

# Idaho 2010 Department of Health & Welfare Region 1 Substance Abuse Prevention Strategic Plan

Prepared by Benchmark Research & Safety, Inc.

The SFY 2010 Regional Prevention Plans establishes priority target populations, risk and protective factors and service types for substance abuse prevention funding. The template simplifies the process, better aligns prevention planning with DHW and SAMHSA Block Grant requirements, and will allow us to combine the seven regional prevention plans into a composite state prevention plan. As in the past, Benchmark will use the Regional Prevention Plans as a guide while making funding decisions.

**Target Populations** are the types of people whose attitudes, knowledge, skills, risk/protective factors, and behaviors who could benefit from substance abuse prevention programs or initiatives.

Target Populations	Priority		
Pre-school & Kindergarten	<input checked="" type="checkbox"/> Low	<input type="checkbox"/> Med	<input type="checkbox"/> High
Elementary School	<input type="checkbox"/> Low	<input type="checkbox"/> Med	<input checked="" type="checkbox"/> High
Middle and Junior High School	<input type="checkbox"/> Low	<input type="checkbox"/> Med	<input checked="" type="checkbox"/> High
Senior High School	<input type="checkbox"/> Low	<input type="checkbox"/> Med	<input checked="" type="checkbox"/> High
Parents – young children	<input type="checkbox"/> Low	<input type="checkbox"/> Med	<input checked="" type="checkbox"/> High
Parents – adolescent children	<input type="checkbox"/> Low	<input checked="" type="checkbox"/> Med	<input type="checkbox"/> High
Community Coalitions	<input type="checkbox"/> Low	<input checked="" type="checkbox"/> Med	<input type="checkbox"/> High
Other: _____	<input type="checkbox"/> Low	<input type="checkbox"/> Med	<input type="checkbox"/> High

**Risk Factors** are attributes or conditions individual, families, schools or communities that increase the likelihood of substance use/abuse problems.

Risk Factors	Priority		
Individual & Peer	<input type="checkbox"/> Low	<input type="checkbox"/> Med	<input checked="" type="checkbox"/> High
Examples: Early initiation, favorable attitudes, low perception of harm or wrongness of use, friends who engage in problem behaviors, alienation or rebelliousness, etc.			
Family	<input type="checkbox"/> Low	<input type="checkbox"/> Med	<input checked="" type="checkbox"/> High
Examples: Favorable parental attitudes or involvement with ATOD, family management, family history of use, family conflict or violence, etc.			
School	<input type="checkbox"/> Low	<input type="checkbox"/> Med	<input checked="" type="checkbox"/> High
Examples: Academic failure in school especially elementary, low attachment to school, early & persistent antisocial behavior, etc.			
Community	<input type="checkbox"/> Low	<input checked="" type="checkbox"/> Med	<input type="checkbox"/> High
Examples: Availability of drugs & alcohol, laws & norms favorable to drug & alcohol use, permissive attitudes to youth drug & alcohol use, extreme economic deprivation, etc.			
Other risk factors	<input type="checkbox"/> Low	<input type="checkbox"/> Med	<input type="checkbox"/> High
Other: _____			

## Idaho 2010 DHW Region 1 Substance Abuse Prevention Strategic Plan, cont.

**Protective Factors** are attributes or conditions that buffer an individual from the influence of risk factors or reduce the likelihood of use.

Protective Factors	Priority		
Individual Characteristics	__Low	__ Med	<u>X</u> High
Examples: Disapproval of substance use, gender issues, positive future outlook, plans for college or skilled trade, resilient temperament, positive social orientation, etc.			
Bonding b/w Youth & Adults	__Low	<u>X</u> Med	__ High
Examples: Opportunities for positive involvement, contribution to family, school & communities, availability of pro-social role models, community anti-drug projects, etc.			
Healthy Beliefs & Clear Standards	__Low	__ Med	<u>X</u> High
Examples: Belief in drug-free lifestyle, good health and successful future, standards of conduct defined, communicated & supported by family, peers, school, & community, etc.			
Other protective factors	__Low	__ Med	__ High
Other: _____			

**Strategies** are methods or mechanisms of substance abuse prevention delivery.

Prevention Strategies	Priority		
Direct Prevention Education	__Low	__ Med	<u>X</u> High
After School Programs	__Low	__ Med	<u>X</u> High
Community-based Processes	__Low	<u>X</u> Med	__ High
Environmental Strategies	__Low	<u>X</u> Med	__ High
Information Dissemination	<u>X</u> Low	__ Med	__ High
Other: _____	__Low	__ Med	__ High

**Services** are the types of prevention skills or activities that are delivered to reduce the impact of substance use.

Prevention Services	Priority		
Conflict Resolution, Social Skill Development, Anger Management, Character Education	__Low	__ Med	<u>X</u> High
Healthy Choices, Beliefs and Lifestyles	__Low	__ Med	<u>X</u> High
Drug & Alcohol Education	__Low	__ Med	<u>X</u> High
Parenting for Parents of Young Children	__Low	<u>X</u> Med	__ High
Parenting for Parents of Adolescents	__Low	<u>X</u> Med	__ High
Community Coalitions	<u>X</u> Low	__ Med	__ High
Other: _____	__Low	__ Med	__ High